

## **What is dental calculus?**

Another name for calculus is tartar. Tartar is composed of the minerals in our saliva and plaques that accumulate on the teeth. People need regular dental calculus cleaning every 6 months, otherwise the rate of gum inflammation and gum disease increases.

## **What is the effect of calculus on diseases?**

Dental calculus, ie, tartars, are most commonly seen on the cheek-facing sides of the anterior teeth in the lower jaw and the upper first molars. It is mostly seen in these areas because the salivary gland and anterior ear salivary glands are present here. If dental calculus cleaning is not performed, it causes gingival pulling and jawbone loss, in a more advanced state causing the teeth to shake or fall.

## **Which department deals with dental calculus cleaning?**

Our patients who want to have dental calculus cleaning can get the treatment of dentistry in the department of periodontology.

## **Will calculus cleaning damage the teeth?**

Due to false information spread among the public, most of us think that dental cleaning will wear our teeth, but dental cleaning will never harm your teeth. Dental calculus cleaning will damage the areas and tissues where the scales are concentrated. If they do not move away and go further, they can lead to loss of teeth.

## **What is the treatment of gum diseases?**

In the early stage of gingivitis, treatment involves cleaning the calculus, the plaque of bacteria and smoothing the root surface. When plaque is removed, the bacteria that cause gum disease are also removed. This treatment is usually sufficient to eliminate inflammation and to glue the gingiva back to the tooth. In addition, the patient should be informed about the control of the bacterial plaque that causes inflammation.

If your disease has reached the level of periodontitis, the purpose of treatment changes. It aims to clean the dental stones in the periodontal facades, to eliminate the periotontal pocket, to have a smooth root surface and a gum that we can clean more easily.

After periotontal treatment, patients should come to the controls every 6 months and the resulting plaque should be removed. In order to maintain the health after treatment, the patient must maintain the patient care procedures properly.